

Directions to the Capitol and Legislative Office Building

Going East on I-84: Take the Capitol Ave. Exit 48B. The Capitol is on the left and the Legislative Office Building (LOB) on the right.

Going West on I-84: Take the Asylum Street Exit 48. Turn right at the light, then immediately take the left fork, which is Farmington Avenue. Turn left at the next light onto Broad Street. After one light and the State Armory, turn left into the Legislative Office Building driveway and continue left to the LOB Garage. To park at the Capitol, which has very limited space, turn left at the second light onto Capitol Avenue, left onto Trinity Street at the second light, and left onto the Capitol Grounds.

From I-91, Northbound and Southbound: Take the Capitol Area Exit 29A. Follow the Whitehead Highway; go halfway around the rotary onto Elm St., left onto Trinity St., and bear right onto Capitol Ave.

The Capitol and the Legislative Office Building (LOB) are on the right.

Parking: Limited free parking is available in the Legislative Office Building parking garage in the rear of the LOB accessible from both Capitol Avenue and Broad Street and on the north Capitol grounds off Trinity Street.

There is additional parking in the commercial garage at Capitol Place, 21 Oak Street. (Leaving the LOB, take a left onto Capitol Ave and at the first light take a right onto Oak Street. Capitol Place is the first building on your right. Enter the driveway just past the building and enter the underground parking garage.)